

TTP CREATORS · MEDIA KIT · NOVEMBER 2026

Anthony *Gharbi*

@the_french_osteopath · Ostéopathie · Sport · Street workout · Health · Lifestyle · ASMR

Paris based osteopath and content creator since 2020, Anthony (The French Osteopath) blends sport, health and lifestyle. Starting out with street workout, he now shares short osteopathic adjustment videos, often with other creators, voice over vlogs and his YouTube show Crack & Chill: a guest personality, a free flowing conversation and satisfying ASMR cracking moments. Education, humour and viral content.

740K
followers, Instagram, TikTok and YouTube

7.4M
Instagram impressions, 30 days

Instagram

214K

followers

Accounts reached, 30 days	7.4M
Main age group	25–34

TikTok

496K

followers

YouTube

Long-form content that builds trust with an attentive audience.

30.6K

followers



Who follows Anthony, *and where*

INSTAGRAM · LAST 30 DAYS

AGE

25–34	33.6%
18–24	25.7%
13–17	18.9%
35–44	12.7%

GENDER

86.8
% men

13.2
% women

CONTACT

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INSTAGRAM

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